

Before and Aftercare Instructions

The most important parts of your microblading journey are the before and aftercare stages. You are our first priority. We like to ensure that all of our clients are fully informed to ease any anxiety around your upcoming procedure.

What you do leading up to your appointment and after your appointment will determine the quality of your results. Of course, if you have any questions or concerns you may contact your microblading artist directly.

Before Getting Microblading:

- Do not have a tanned or sunburned face
- Do not take medications such as Aspirin, Niacin, Vitamin E or Ibuprofen 24 hours before the procedure.
- Do not drink any alcohol or caffeine on the day of the procedure because they make you bleed more and can cause additional swelling/oozing at the procedure site.
- Please note that your menstrual cycle causes you to be more sensitive at the procedure site. So if you already have low pain tolerance, consider scheduling the appointment for a time when you're not on your cycle.

Aftercare:

We recommend a dry heal. Keep your brows as dry as possible. In the first few days after the procedure, you may experience some swelling and inflammation since microblading creates small incisions to the skin. You may use witch hazel twice a day as needed to reduce the swelling and inflammation. It is ok not to use it at all if you don't need to.

- DO NOT get your brows wet. When showering, turn your back to the water or wear a shower visor to protect your brows from getting wet.
- DO NOT rub, pick, or scratch the treated area. Let any scabbing or dry skin naturally fall off. Picking can cause infection, scarring, and extreme loss of pigment.
- DO NOT touch your brows. If you must, be sure to wash your hands thoroughly. Do not let others touch your brows at this time.
- Avoid direct sun exposure to the brows for extended periods of time or tanning for 3-4 weeks after your initial procedure. If you plan on being in the sun, be sure to wear a hat and that the brim does not touch your brows.
- Avoid heavy sweating for the first 7 days after the procedure.
- NO facials, Botox, chemical treatments, or microdermabrasion for 4 weeks after the procedure